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New York City in August means fun in the sun, Part 1

July 30, 12:46 AM NY Fine Travel Examiner Lauren Keyson



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Smart travel agents know that summer in New York City can be a blast. Hot, steamy and sweaty, this is just the place you want to be if you like walking around the best city in the world in flip flops and t-shirts -- while drinking milk shakes and boating in the middle of Central Park. The typical weather for August isn't as heinous as people think -- the Normal High is: 84°F, the Normal Low is: 69°F, and the Normal Average is: 76°F, according to AccuWeather.com.

First visit [High Line Park](#) perched atop the old elevated railway on the West Side of Manhattan. There you can relax, bask in the sun, hang out with artists, and celebrate architecture. Or you can grab a \$15 High Line Picnic Basket at Friedman's Market in [Chelsea](#). Next, check out urban artist Richard Wood's wall and door and roof art at City Hall. Part of the Public Art Fund's 20th exhibition at City Hall Park, this is free to the public.

A great place to stroll around is Madison Square Park, with entrances at 20th, 18th, 16th, 14th and Gansevoort. While there, try out a Concrete Jungle (custard, peanut butter, hot fudge and bananas) or some hand-chopped sirloin with their garlic Shack Sauce.

Central Park is also another fabulous place to walk and explore. At the North end of the park there are trails that lead past woods and streams. You can even take a ride on the carousel near East 64th St. for \$1.50. There are also amazing tours in Central Park. The Conservancy offers at least 10 different walking tours, including "Amble through the Ramble" and "Castle & Its Kingdom" and "Let the Games Begin." Or you can [design your own tour](#) and visit all the places where Central Park has been featured in movies including Annie Hall and Kramer vs. Kramer.

A really fun NYC park activity is to go and watch an outdoor movie. Many of these movies can be seen in Central Park and Bryant Park, and they're all for free. Alternatively, find out about all the free music and free theater being performed this summer at www.nycgovparks.org/.

Best of all, there are fabulous places to stay in New York City. You can stay in the ultimate luxury buildings -- as amazingly exclusive and plush as the [Ultimate Escapes](#) penthouse at 1600 Broadway that has Virtual Golf Simulator Billiards, outdoor deck and putting green or you can try some unusual and odd places to stay, including boats and rooftops.

Links to all the activities mentioned can be found in the link list on the right. And be sure to follow our Fun in the Sun series for more in-depth information on outdoor exploration of NYC in August.

Lauren Keyson is a long-time consultant for [Ultimate Escapes](#), a luxury destination club that has

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- [Palmilla One and Only - Agua](#)

Comments

Gail says:

I love these suggestions-- they are fun, affordable and low stress (just what I want on vacation!). I would enjoy any of the locations Ms Keyson suggested. I feel like I got the inside scoop on some great locations only a true New Yorker would know about!

August 10, 8:35 PM

George says:

I learned a lot about New York City in August. Thanks for all the great tips. It is worth a trip to the big apple this summer.

August 10, 6:30 PM

Ronny B from 7000 ft.in So.Cal. says:

Dynamite report.Definely will make this a large part of my summer travels!Lauren, good job!

July 30, 4:23 PM

Judy from Big Bear, CA says:

Loved your article on New York Lauren. Very informative - makes me want to visit. Keep up the great work

July 30, 1:27 PM

Kenny of San Diego, CA says:

I have been looking to take a vacation on the east coast this year. After reading this article, I believe I am going to look a little harder about make New York, NY my destination. I would like to thank Ms. Keyson for writing such an intriguing article. It has certainly sparked an interest in my decision making for a vacation location. On a side note, by the look of Ms. Keyson's photo, she seems to be a very attractive woman. Is she available?

July 30, 1:57 AM

Debra says:

Great article - now I want to wander Central Park and its environs as soon as possible.

July 30, 1:55 AM

Name:

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